

#### **Our Comfort Boxes**

We understand that receiving a cancer diagnosis can be a challenging and overwhelming experience. We want you to know that you are not alone.

Inspired by Scotland's Baby Box, in your Cancer Card Comfort Box you will find high quality products specially curated with care and compassion to support you during your cancer journey. Each item has been thoughtfully chosen to provide comfort, practical assistance, and a reminder of the support that surrounds you.

You can apply for a comfort box on our website, and you can also gift one.

Cancer Card ® | Registered Charity SC051187

CANCER

Go to **www.cancercard.org.uk** to find advice, support, information and products that can ease the burden of dealing with cancer.





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Contact us for more information: hello@cancercard.org.uk





Helping you find the support you need when cancer affects your life

For everyone affected by cancer - patients, partners, family, friends and employers.

Cancer Card 109/11 Swanston Road, Edinburgh EH10 7DS 0131 287 3001

#### www.cancercard.org.uk



Are you looking for support that's specific to you?

### We know that everyone's experience with cancer is unique, which is why we believe in personalised support.

Our directory includes contact and services information for a range of organisations that offer everything from practical support, advice and counselling, financial assistance and transport to complementary therapies, free gifts and experiences. You can browse our directory at your own pace, to help you find the resources that are tailored to your needs and preferences.

# Would you like to chat in person?

# We can provide one-to-one support.

If you would like to talk with a member of our team, you can come along to our drop-in centre.

Our service support officers are here to understand your unique needs, and provide friendly, tailored support.

## Social Security Scotland Tèarainteachd Shòisealta Alba



Would you like help with a disability benefits application?

### **Disability Benefits Scotland**

We have partnered with Social Security Scotland and their Local Delivery Service to help you with the disability benefits application process. Local Delivery is a free Social Security Scotland service that's available across Scotland.

It's a way for you to get person-to-person support with an application, or just ask questions about the application process. A Local Delivery appointment can be made with one of Social Security Scotland's specially trained client support advisers. This can happen at a time and place that suits you.



Feeling a bit lost in the digital world?

If you have been affected by cancer and are feeling a bit lost in the digital world, call our helpline and we'll have someone guide you through it all.

Our Digital Inclusion Program is specially designed for everyone affected by cancer, and it's all about personal support. You'll get one-on-one help because we know everyone's digital journey is unique.

You can get help with online banking, setting up a new device, creating an email account, online food shopping, booking a GP appointment, video calling and so much more!

The Digital Helpline number is 0345 222 0333. The line is open Monday to Friday 9am-5pm. Mention 'Cancer Card' and let's get you connected!

This service is free for all cancer patients in the UK and if you don't have a device, we can send you one.

## Helping you find the support you need when cancer affects your life